



**South Dakota
Human Services
Center**

Role in System

- State's only public psychiatric hospital
- 277 beds
- Part of continuum of care
- Services for those who can't be served in less restrictive settings
- Involuntary commitment
 - danger to self/others
 - unable to care for self

Treatment Programs



- Adult Acute
- Adult Psychiatric Rehabilitation
- Adult Inpatient Chemical Dependency
- Adolescent
- Geriatric Nursing Home

- Adult Acute
 - Provides for initial assessment and stabilization of adult psychiatric patients.
 - 68 licensed beds
 - Two units closed due to direct care staffing shortages (current capacity: 38 beds)
 - FY18 Average Length of Stay: 19.6 days

- Adult Psychiatric Rehabilitation
 - Provides services for adult patients coping with severe and persistent mental illness
 - Develops the skills to live in the least restrictive setting possible
 - 66 beds
 - FY18 Average Length of Stay: 392.6 days

- Adult Chemical Dependency
 - Program utilizes Motivational Interviewing, Cognitive Behavioral Therapy and Contingency Management to assist with recovery
 - 23 beds (current capacity: 14 beds)
 - FY18 Average Length of Stay: 28.7 days

- Adolescent
 - Inpatient treatment for adolescents with serious emotional disturbance
 - Individualized treatment to support transition to home or a less restrictive placement (e.g. Psychiatric Residential Treatment Facility)
 - 51 beds
 - FY18 Average Length of Stay: 59.7 days

- Geriatric Nursing Home
 - Program provides care and treatment for patients who can not be served in a community nursing home
 - 69 beds
 - FY18 Average Length of Stay: 752.6 days (FY16: 489.44/FY17: 489.6)

Comprehensive Services



- Ages 12 to End of Life
- Medication Management
- Psychotherapy / Counseling
- Psychological Testing
- Discharge Planning and Transition Services

- Supportive Services
 - Education
 - Occupational and Physical Therapy
 - Recreational Therapy
 - Life Skills and Community Preparedness

- The adult acute, adolescent and geriatric programs are certified by the Centers for Medicare and Medicaid Services (CMS) to receive Medicare or Medicaid revenue.
- The adult acute and adolescent units are licensed as a specialized hospital (the acute program units) by the South Dakota Department of Health (DOH).
- The geriatrics program is licensed as a nursing facility.

Regulatory Oversight



- DOH surveys all licensed hospitals in SD to determine compliance with state licensing rules and CMS Conditions of Participation (COPs).
- All hospitals are required to meet COPs to receive Medicare and Medicaid funding.
- There are approximately 365 individual requirements applicable to HSC that are reviewed during a complete hospital survey.
- All surveys are unannounced and are conducted on-site by the South Dakota Department of Health or CMS.
- Recent survey noted nursing coverage during overnight shifts and requirement for active treatment on all acute patients.

How Are Patients Admitted?

- Adults
 - Involuntary Mental Illness Commitment
 - Involuntary Chemical Dependency Commitment
 - Court Ordered – Restoration to Competency
 - Voluntary

How Are Patients Admitted?

- Adolescents
 - Voluntary by Guardian
 - Involuntary Commitment

Involuntary Commitment – Why?

- May be subject to involuntary commitment if:
The person has a severe mental illness;
Due to the severe mental illness, the person is a danger to self or others or has a chronic disability;
The person needs and is likely to benefit from treatment; and hospitalization is the least restrictive treatment option.

Admissions

- Admissions
 - FY17: 1,387
 - FY18: 1,249
- Involuntary admissions
 - FY17: 85%
 - FY18: 87%
- FY18 Admissions
 - Minnehaha: 281
 - Yankton: 137
 - Pennington: 78

Diagnosis at Admission

Primary Diagnosis	Number
Depressive Disorders	248
Schizophrenia and other psychotic disorders	190
Schizoaffective disorder, bipolar	79
Other	115

Patient Demographics

Gender:

Male: 56%

Female: 44%

Age:

12-17: 23.4%

18-64: 70.7%

65-74: 2.9%

75 and over: 3%

Race:

White: 61%

Native American: 23%

Black: 5%

Hispanic: 2%

Other: 9%

Current Initiatives

- Zero Suicide
- Dialectical Behavior Therapy
- Motivational Interviewing